

Parent Perks

Parent Education Series
2015 - 2016



Dr. Joan Hill, Head of School

Join the Lamplighter community for Parent Perks, a lecture series designed to broaden your knowledge of the work being done by educators, psychologists, and writers. It is our hope that these discussions will assist us in our most important role: igniting young minds. Lamplighter delivers serious education wrapped in the wonder of childhood.

The series is divided into these three categories:

On Our Minds: What Educators Are Thinking Lamplighter administrators, educators, and a special featured speaker, Dr. Steven Guy, will talk to us about important trends that are currently top of mind in the education world.

Lunch and Learn These lunchtime book talks and discussions were carefully chosen to focus on issues that reflect the mission of our school. Bring your lunch and a desire to delve into lively discussions.

Ask the Expert Dallas is fortunate to have many outstanding child psychologists, therapists, and educators to help parents with the daunting task of raising children. This year's experts will provide us with guidance, the latest research, and practical solutions to our toughest questions.

Schedule At-a-Glance

September 17	8:30 a.m.	On Our Minds: Raising Readers
October 21	11:30 a.m.	Lunch & Learn: Reading Magic
November 5	11:30 a.m.	Lunch & Learn: Love & Logic
November 17	11:30 a.m.	Lunch & Learn: Laura Elpers
January 14	8:30 a.m.	Ask the Expert: Dr. Deanna Liss-Clarke and Dr. Hillary Thomas
February 17	8:30 a.m.	On Our Minds: Dr. Marion Underwood
March 8	8:30 a.m.	Ask the Expert: Miki Johnston
April 6	8:30 a.m.	On Our Minds: Dr. Steven Guy

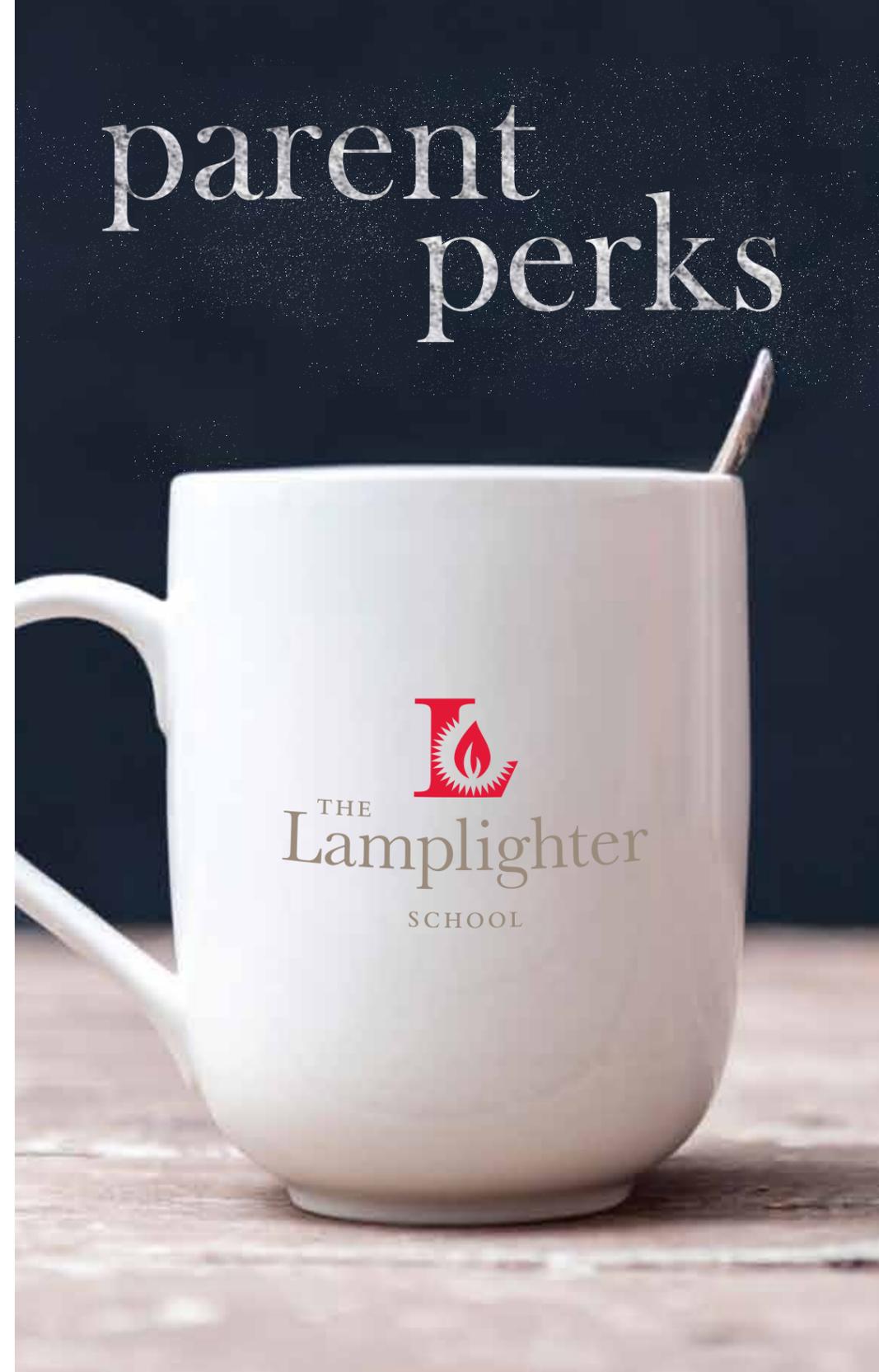
Helpful Information

Reservations are greatly appreciated.
Please respond to tls@thelamplighterschool.org
or call Hilary Jenkins at 214.369.9201

Please park in the North Field



11611 Inwood Road | Dallas, Texas 75229



parent education series
2015 - 2016

On Our Minds • Lunch and Learn • Ask the Expert

On Our Minds

What Today's Educators Are Thinking
8:30 a.m. - 9:30 a.m. • Klyde Warren Auditorium

Thursday, September 17

Olivia Claiborn and Becky Walker

Raising Readers



Olivia Claiborn and Becky Walker will share tips about choosing the best books to meet the needs of your child, as well as activities that promote early literacy at home. Please join us for an informative, interactive presentation with the goal of raising lifelong readers.

Wednesday, February 17

Dr. Marion Underwood

Social Aggression among Children:

What Parents and Professionals Can Do to Reduce Bullying



When children are angry and want to pursue their social goals, they can hurt each other by fighting physically, but also by engaging in social aggression. This presentation will highlight forms these behaviors take for both girls and boys during the school years and the mental health consequences. The presentation will conclude with strategies that teachers and parents can use to reduce social aggression at school and in online communication.

Dr. Underwood is an Ashbel Smith Professor of Psychological Sciences and an Associate Dean in the School of Behavioral and Brain Sciences at the University of Texas at Dallas. Her research examines developmental origins and outcomes of social aggression, and how adolescents' digital communication relates to adjustment. Dr. Underwood's program is supported by the National Institutes of Health and she is the author of *Social Aggression among Girls*.

FEATURING

Wednesday, April 6

Dr. Steven Guy

Why Students Don't Always Show What They Know:

Understanding Executive Function



You may have heard the terms Executive Function and Self-Regulation. These skills are the mental processes that enable children to plan, focus attention, remember instruction and juggle multiple tasks successfully. Come and learn how to assist your child as he or she develops a strong working memory, mental flexibility and self-control. These are the skills of an independent learner.

Dr. Guy is a pediatric neuropsychologist in private practice in Columbus, Ohio. He works with children and adolescents with a wide variety of developmental needs. He has worked in both inpatient settings and private practice. His area of specialization is Executive/Regulatory Functioning. He is also a co-author of the Behavior Rating Inventory of Executive Function (BRIEF) a tool used by schools across the country.

Lunch & Learn

11:30 a.m. -12:30 p.m.
CONFERENCE ROOM

Wednesday, October 21

Reading Magic by Mem Fox

Led by Jody Stout and Cara Hicks



Best-selling children's author and internationally respected literacy expert Mem Fox reveals the incredible emotional and intellectual impact reading aloud to children has on their ability to learn to read.

Thursday, November 5

Parenting with Love & Logic

Led by Jill Wiedman and Anne Yarbrough

*Recommended reading: any book from the Love and Logic series



Love & Logic shows you how to raise self-confident, motivated children who are ready for the real world. Learn how to parent effectively while teaching your children responsibility and growing their character.

Tuesday, November 17

Tips on Maintaining a Healthy Relationship with Your Child

Laura A. Elpers, M.S., LMFT, RPT



A meeting between parents and a child's therapist is the perfect opportunity to get specialized direction and support to parents. This presentation provides the listener with a general overview of the most frequently suggested parenting tips offered during these meetings. While parent consultations

inside the therapy office are individualized and address specific concerns, this presentation will offer all parents an opportunity to hear some helpful tips that can apply to all families.

Laura Elpers is a Licensed Marriage and Family Therapist and a Registered Play Therapist. Laura works in private practice at Insights Collaborative Therapy Group. She focuses her practice on working with young children and their parents. Laura's main goal throughout the therapy process is to help families as they strive to create and maintain healthy relationships with one another as they grow and experience life's toughest challenges. Like Plato, Laura believes 'you can discover more about a person in an hour of play than in a year of conversation.'

BRING YOUR LUNCH

Ask the Expert

Guidance, Research & Practical Solutions
8:30 a.m. - 9:30 a.m. • Klyde Warren Auditorium

Thursday, January 14

Dr. Deanna Liss-Clarke and Dr. Hillary Thomas

Goodness of Fit: Identifying the Parenting Style that Fits Your Child's Needs

Research on parent and child relationships has found that similar parent-child temperaments work well together, but, contrasting temperaments can lead to conflict. When a child has a different temperament from his or her parent, it can be difficult for the parent to relate to their child or address their needs, especially in difficult situations. This presentation by Drs. Liss-Clarke and Thomas will focus on how to address the mismatch between parenting styles and child temperament to best address each child's needs and help them to reach their fullest potential.



Dr. Deanna Liss-Clarke has been a licensed Psychologist in the Dallas area for almost 20 years. She has worked in community mental health, a children's hospital, and has been in private practice for the last 8 years. Currently, she provides individual psychotherapy, as well as psychological evaluations, for children and adults. She is also on faculty at UT Southwestern Medical Center at Dallas and teaches one of the foundation courses in the assessment of children for the doctoral program in Clinical Psychology.



Dr. Hillary Thomas is licensed as both a Psychologist and a Licensed Specialist in School Psychology (LSSP). Dr. Thomas currently works in private practice, where she provides child, adolescent, and young adult psychotherapy. She also conducts psychological assessments for children and adults.

Tuesday, March 8

Miki Johnston

Your Kids and the Internet – Playing It Safe and Smart



Parenting electronically wired kids can be difficult, especially if you didn't grow up with the same technologies. No need to be alarmed. This interactive and important discussion will allow us to explore the pros and cons and myths and facts about internet safety. Together we will learn how to effectively monitor our children's online behavior and develop the language necessary for having media savvy conversations about their online activity.

Miki Johnston is an LCSW with more than 20 years of experience. As an affiliate of Girls to Women Health and Wellness, Miki speaks to parent, teacher, and student groups on a variety of topics related to adolescents. Miki also has a private practice where she specializes in the treatment of teens and adults. Miki lives in Dallas, has been married for 21 years and has 2 daughters.



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